

9-30-2010

The Pacifican September 30, 2010

University of the Pacific

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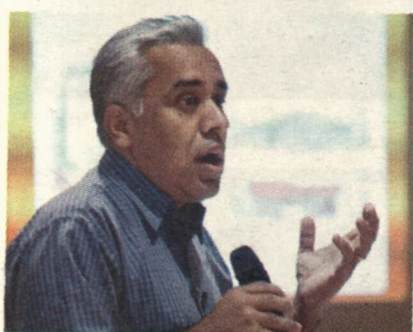
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Humanitarian Hits Campus Today

Alex Duclos
Contributing Writer

Today, September 30, 2010, in Weber 102 at 5pm, Bishnu Adhikari from Choice



heraldextra.com

Humanitarian will be speaking to the Council of University Social Entrepreneurs (CUSE).

Bishnu Adhikari is the In-Country Deputy Choice Humanitarian in Nepal.

He received a degree in Civil Engineering in Russia before coming to California to receive his Masters in Environmental Policy from the Monterey Institute.

Choice Humanitarian focuses on alleviating poverty in Nepal, Kenya, Nicaragua, Mexico.

In Nepal, these methods include local educational scholarships, water projects, and ecotourism. Mr. Adhikari also hosted an intern from the Ambassador Corps program.

The CUSE focuses on bringing the concepts of social entrepreneurship to the students of Pacific, this helps students understand the impact they can make in their communities in a sustainable manner.

The meetings are open to all people interested in social entrepreneurship, including students, faculty, and staff.



Darren Chan

Continuing the Fiesta

Jaspreet Uppal
Staff Writer

In case the kick-off BBQ, discussions, dance lessons, and guest speakers did not give it away, Pacific is commemorating Latino Heritage Month.

Latino Heritage Month is a nationwide event that celebrates Latino history and culture, and honors the contributions that Latino's have made to the United States.

The celebration began on September 11 with a BBQ dinner with President Eibeck and has been followed by several events weekly.

Pacific is continuing to celebrate Latino Heritage Month into mid-October with an Immigration Series.

The Immigration Series is held through four events composed of discussions and presentations on today's upcoming controversial issues.

In addition, the discussions will include information regarding the California Immigrant Higher Education Act and the Dream Act, both of which are acts regarding justice in the education for immigrants.

All events in the series are free and open to the public.

A Key Note on Gender, Race and Space

Matt Hill
Staff Writer

Last Saturday Pacific held the Gender, Race, and Space Conference at the De Rosa center. They had several guest speakers come in to talk about different issues and ideas revolving around these three central themes.

The key note speaker was Dr. Mary Ting Yi Lui, a history professor at Yale University and author of the book "The Chinatown Trunk Mystery: Murder, Miscegenation, and Other Dangerous Encounters in Turn-of-the-Century New York City".

Her speech was called "Reading Race and Gender in Everyday Landscapes" and revolved around the influence of space on gender and racial tendencies.

Dr. Lui's first example of this idea came from a murder case in New York City around the turn of the century.

This case helps to reveal the influence of misrepresentation of Chinatown in the mass media.

From depictions of sexually

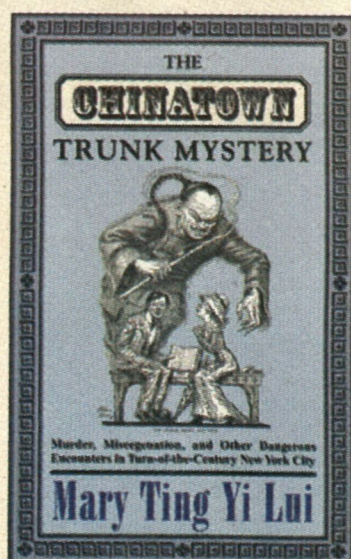
to show how Americanized they had become in order to disassociate themselves with those damaging depictions.

They did this by showing images of the Chinese youth partaking in traditional American acts such as eating ice cream instead of traditional Chinese food, Chinese veterans of WW1 and WW2 talking beneath pictures of George Washington and Abraham Lincoln, and young Chinese girls reading the girl scout handbook.

Americanized images like these helped to integrate the Chinese into traditional American social and gender roles.

After her speech, Dr. Lui said that the one thing she wanted people to take away from her speech was that "You must think of race and gender simultaneously", not as separate entities while thinking about how they are influenced by society and vice versa.

perverse and dangerous Chinese men threatening white women in America, her speech moves on to how the further generations of Chinese-Americans had



press.princeton.edu

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Hidden Gem: Pacific's Dental Clinic Offers Free Cleanings

Alex Ruano
Executive Editor

The Pacific Dental Care Clinic has been a part of Pacific's campus for years, but many students do not know of its existence or of the services they provide. The clinic offers many services free of charge to Pacific students as a benefit of going to the school.

The dental hygiene side of the clinic is staffed by dental hygiene students working toward becoming registered dental hygienists. These students need patients to fill their chairs in order to advance through the program. Each student is required to do a number of procedures before they are allowed to complete the program.

The students practice for a semester on mannequins and each other before they are even allowed to work on patients. This gives the students ample time to get comfortable working on patients before they are allowed to work on the main hygiene floor.

Hygiene Program Director Deborah Horlak said, "The students are well supervised during a patient's treatment. They must complete a health assessment for every patient their first time in the clinic." This assures that the student caters to the specific needs of each patient in their chair.

The student hygienists perform cleanings, x-rays, fluoride treatments, and sealants during five sessions a week. Appointments are offered Monday afternoons, Tuesday and Thursday mornings, and Tuesday and Thursday afternoons almost every week. Horlak adds, "The appointment does take longer than going to a

regular dental office." On average each appointment can last two to three hours.

The time varies on the experience each student personally has.

First semester students can take longer than a third year student, so Horlak recommends each prospective patient allows time in their schedule for the whole three hours. Some patients may require additional visits.

The clinic also has a fully operational dental side as well. The dental side offers most the same services as a regular dental office.

There are five dental residents and three dentists on rotating staff. The services they provide (including drilling/filling cavities) are offered for about fifty percent less than the average cost of going to a private practice. Pacific students do get a discount for services on that side, but must pay for the work done.

For those interested in getting a free cleaning or other services, call Pacific Dental Care Clinic at (209) 946-7404. You can also stop by the clinic, which is located on the second floor of the Health Sciences Learning Center & Clinics next to Brookside Hall on north campus.



Darren Chan

Pacific students from the Arthur A. Dugoni School of Dentistry clean community teeth for free.

Colbert Advocates for Brothers to Congress

Josh Chipponeri
Contributing Writer

Friday, September 24, 2010, Stephen Colbert testified before the House Judiciary Subcommittee on Immigration, Citizenship, and Border Security. Invited by subcommittee Chairwoman Zoe Lofgren, a Democrat representing California's 16th district, Mr. Colbert submitted his testimony concerning human rights to Congress, specifically the rights of migrant workers.

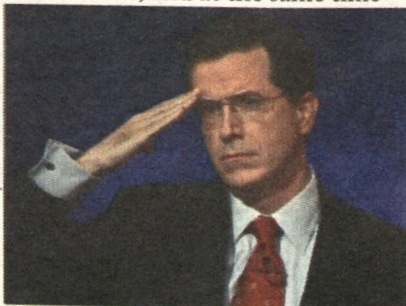
Toward the end of the hearing Mr. Colbert was asked a question by Congresswoman Judy Chu, a Democrat representing the 32nd District of California:

CONGRESSWOMAN JUDY CHU: "Mr. Colbert, you could work on so many issues, why are you interested in this issue?"

COLBERT: "I like talking about people who don't have

any power. And this seems like some of the least powerful people in the United States are migrant workers who come and do our work but don't have any rights as a result.

And yet, we still invite them to come here, and at the same time



tvbythenumbers.com

ask them to leave.

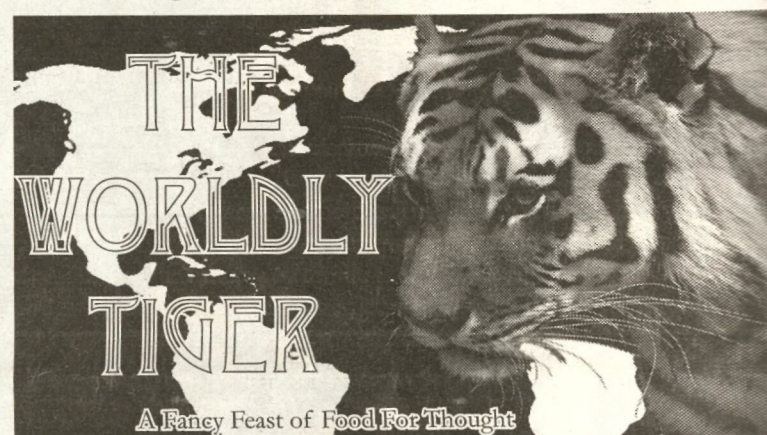
And, you know, whatsoever you do for the least of my brothers, these seem like the least of our brothers, right now.

And I know that a lot of people are the least of my brothers because the economy is so hard, and I don't want to take anyone's hardship away from them or diminish it or anything

like that, but migrant workers suffer, and they have no rights."

The reference in "least of my brothers" originates from Matthew 25:40, where the point is: service of the least in the kingdom is to the glory of the king. Much has been said of Mr. Colbert's appearance in both positive and negative perspectives. The heart of this story remains to be the migrant farm workers, for whom he was their articulate advocate. To the effect of speaking for those who cannot speak for themselves, Mr. Colbert made clear and coherent points about the lives and livelihoods of individuals who desperately pursue the promise of the American Dream.

Mr. Colbert not only went to Washington to love his neighbor as himself, but to serve as his brother's keeper, and for that he should be commended, even if he is a comedian.



A Fancy Feast of Food For Thought

LATIN AMERICA

MEXICO -- Police arrested Margarito Soto Reyes, a suspected leading member of the Sinaloa drug cartel.

Soto Reyes, or "The Tiger," may be held accountable for smuggling a half a ton of synthetic drugs into the US monthly.

N. AMERICA

CALIFORNIA -- Blackberry announced a new tablet computer that will compete with the iPad last Monday at its developer conference in San Francisco. The product should be available commercially in early 2011.

EUROPE

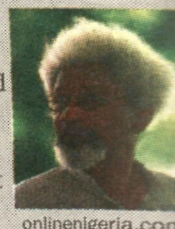


ENGLAND -- Owner of the Segway company, Jimi Heselden died Sunday while riding on a Segway scooter.

Heselden, 62, fell off of a cliff into the River Wharfe in West Yorkshire and was pronounced dead at the scene.

AFRICA

NIGERIA -- A new political party has emerged in Nigeria called The Democratic Front for a People's Federation.



onlinenigeria.com

The party was launched by Wole Soyinka, the first African to be awarded the Nobel prize for literature.

ASIA/PACIFIC

AUSTRALIA -- Wildlife officials are investigating claims that a young boy has been riding on the back of a whale in Western Australia.

The teenager could face fines up to \$9,600 for harassing wildlife.

MIDDLE EAST

IRAN -- Two major reformist parties, The Islamic Iran Participation Front and the Islamic Revolution Mujahideen Organisation, believed to be opposition were legally dissolved in court Monday. The groups are now forbidden to hold activities.

BBC.co.uk

A Provost Pacific Needs

Josh Chipponeri
Contributing Writer

Pacific is a student focused and centered institution of higher learning, with a legacy of innovation and leadership. Right now, Pacific is looking for a new Provost to join our institution.

The three candidates interviewing for the position of the University of the Pacific Provost had the opportunity to earn the recognition and support of a small class of students in a facet of the interview process.

Each student served as a representative of their respective groups.

The ways in which each of these academic professionals sought to gain student support for their aspiration to be our Provost, can be discerned best through student interaction.

First candidate, Brenda J. Claiborne, Ph.D. Dean of the College of Arts & Sciences at



unm.edu

the University of New Mexico, was more clear in what she wanted written about her than what she knew of our University she seeks to lead.

In responding to questions from students, her demeanor indicated that her focus was talking to students.

Her articulated objective in seeking the Provost position was that it was a great opportunity for her.

Second candidate, Philip L. Yeagle, Ph.D. Dean of the Faculty of Arts & Sciences at Rutgers University



rcfr.rutgers.edu

indicated that his understanding of Pacific's mission in higher learning had a pull strong enough to lead him from his office in his east coast public school to interview for Provost.

His interest in talking to students was clear; he was measuring Pacific's written mission with the manifestation of that mission in the hearts and minds of Pacific's students.

His articulated objective was seeking out the truth in advertising and wanted to be

here if Pacific's goals come to be. Third candidate, **Bethami A. Dobkin, Ph.D.** Provost and Vice President for Academic Affairs at St. Mary's College, in the student interview she demonstrated enthusiasm for Pacific's mission as she spoke.



freerepublic.com

She made it clear that she had been recruited for the position, and Provost at Pacific is not just another rung on her climb up the academic professional ladder.

Her articulated objective was to go with us into the future.

In hiring any leadership position there is an element of chance which must be weighed and measured carefully.

The best hope for a Pacific Provost would be most evident through student centered behavior.

In a Provost, Pacific students deserve a leader who will go forth and do, with our mission and our history in mind.

To that effect our next Provost needs to be someone who emerges from the crucible of student interview, stronger than before they entered in the interview process.

Following the student interviews were town hall meetings where all of the Pacific community was invited to ask questions of the candidates in Grace Covell Hall.

The videos of the town hall forums can be seen in the center column on the insidepacific webpage.

For the first candidate, Brenda J. Claiborne, Ph.D. her forum was Sept. 13th, at 3:30 p.m.

For the second candidate, Philip L. Yeagle, Ph.D., his forum was Sept. 17th, at 3:30 p.m.

For the third candidate, Bethami A. Dobkin, Ph.D. her forum was Sept. 22, at 3:30 p.m.

Now is the time for Pacific to choose our new leader.

Examine the video evidence available and choose who best represents the entrusted leadership position of Provost.

The feedback form, with step-by-step instructions, can be downloaded at the bottom of the column on the insidepacific webpage.

Department of Public Safety Media Log

9/21/10 - 9/26/10

FIRE Incident involving a fire Sep 21, 2010-at 13:12 Location : PERSHING Rp advised of a small fire. Officer already on scene. Stockton Fire Department was advised and responded. Fire was extinguished.

THEFT-GRAND From Motor Vehicle Sep 21, 2010-at 13:21 Location : LOT 1 BLUE PHONE E112

Rp advised that her pipes for her vehicle were cut and stolen. Officer was advised and responded. Report taken....

SUSPICIOUS INCIDENT Suspicious Person Sep 22, 2010-at 09:47 Location : PACIFIC HOUSE/PIKE

C1 advised that there was a male subject going through the trash by one of the fraternities. Officers were advised and responded. Area was clear...

SUSPICIOUS INCIDENT Suspicious Person Sep 22, 2010-at 14:32 Location : WOOD MEMORIAL BRIDGE

Rp advised that there were two subjects fishing and didn't

have permission to. Officers were advised. Both subjects cited.

NARCOTICS Possession of hypodermic syringe Sep 22, 2010-at 18:49 Location : PACIFIC HOUSE/PIKE RP reported 2 males going through the dumpster. SUB cited for poss of hypo syr and 2nd cited for scavaging both bikes siezed.

SUSPICIOUS INCIDENT Field initiated check-out Sep 23, 2010-at 01:32 Location : DAVE BRUBECK WAY

Out with 3 subjects...1 female (drunk) and 2 male subjects...officer advised that the 2 male subjects are students and the female is a non student...the 2 male subejcts are taking the female subject home...officer is clear.

ANIMAL Animal Sep 24, 2010-at 16:04 Location : GRACE COVELL HALL

RP advised of a domesticated rabbit running through the rose bushes

SUSPICIOUS INCIDENT Suspicious Circumstances

Sep 26, 2010-at 08:03 Location : TOWERVIEW APARTMENTS

Rp advised that her blinds were moved and she didn't know if someone was in her apartment. She advised she was standing outside until an officer checked and cleared apartment. Officer was advised and responded. Area was clear. Windows and door were locked.

SUSPICIOUS INCIDENT Suspicious Person Sep 26, 2010-at 12:26 Location : PACIFIC AVENUE

Rp advised that there were a group of four female subject who were being loud and one of them was being rude to another female. Officer was advised and responded. Officer advised everyhting was ok and that they were just waiting for the bus.

SUSPICIOUS INCIDENT Suspicious Circumstances Sep 26, 2010-at 16:19 Location : MCCAFFREY CENTER Officer responded to call of suspicious juveniles sitting on the steps. The juveniles were just hanging out.

Spreading Social Entrepreneurship



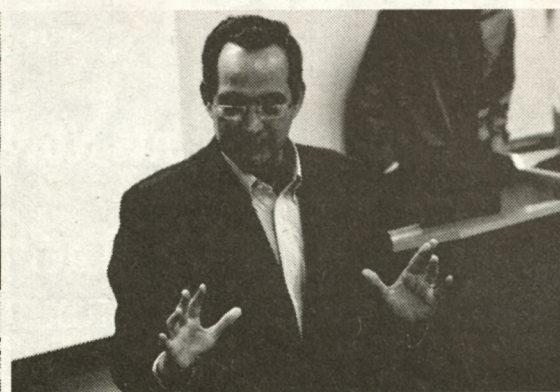
Natalie B. Compton
News Editor

Pacific Alumnus Martin Burt visited the University of the Pacific's campus to speak to the Council of University Social Entrepreneurs (CUSE) about social entrepreneurship and his own foundation last Thursday.

About 100 people attended the speech in Weber Hall.

"The presentation provided inspiration to the people in attendance by speaking about how one person can teach one another to motivate themselves for a better tomorrow," junior Anthony Young said.

"I personally felt humbled to be in the presence of such an influential leader and feel inspired to



Darren Chan

pursue my dreams."

"I admire the holism in Martin's approach to poverty alleviation," said senior Nabeel Cajee, who traveled to Paraguay to stay and tour Martin's self-sufficient agricultural high school and spend time with Martin in Asuncion.

"He is as focused on confronting systematic barriers as he is on preserving individual dignity."

Burt's foundation, Fundación Paraguaya, is a microcredit program he started in 1985 that has supported 35,000 micro entrepreneurs.

The CUSE is a student organization that aims to bring concepts of social entrepreneurship to Pacific students and show them how it is possible to make positive and sustainable changes in their communities.

PERSPECTIVES

Double Trouble With Double Standards

Christiana Oatman
Perspectives Editor

The weather has been heating up this week—recorded temperatures in Stockton were as high as 99 degrees—and with the increased heat, there has been a decrease in clothes. It's only practical; women have been wearing tank tops or short sleeve shirts with shorts or short skirts while a lot of guys have been wearing tank tops with shorts, or just going topless.

It's common to see men on hot days walking around or working out without their shirts on, no matter what their body type. Shirts add an extra layer of heat when the weather is already nearly unbearable.

Just the other day I saw an older man with a potbelly without his shirt on, and even though I wasn't thrilled about his body shape, it's his right to be comfortable in public. But shouldn't women be able to have that same right? Not according to most city and state laws, which state that women not wearing a top—but not men—will be cited for “indecent exposure.”

While there are some places that allow breastfeeding in public, the act is still controversial and women are told to



genderandeducation.com

cover up, as if they should be ashamed of their bodies or of feeding their infants.

The argument against women having the legal right to be topless against public, which advocates call “top freedom,” focuses on breasts and how society,

particularly heterosexual men, sexualize them. The argument goes that the laws are in place to protect women from being oogled and harassed.

A feminist I know once decided to test this theory and protest the “indecent exposure” double standard by going to San Francisco topless—or rather topfree. While she wasn't cited, she did experience even more sexual harassment than usual; everything from being stared at to being whistled at to actually watching men grab at her breasts in public!

She felt that as one individual, she didn't accomplish anything, and when she asked some of her fellow feminists to join her in protesting indecent exposure laws, they refused and said they were too scared for their own safety.

Women should never be objectified or made to feel ashamed of their bodies, or scared of presenting themselves in public in whatever manner they wish. When men go topfree in public, no one walks up to them and starts touching their body inappropriately. While some men's

bodies are objectified—their abs in particular—they still have the ability to be able to go about their daily business without fearing for their personal safety.

I'm all for overturning the section about women being topfree in public in indecent exposure laws, but before that happens, there should be an understanding of gender equality. Women need to have the same rights and privileges as men and one of those rights and privileges is to be treated and respected as a human being, not as an object for lust, to touch and annoy as one pleases.

I want to go topfree in public on days when it's ridiculously hot outside, because I like staying cool in warm weather and because I fight against and will always continue to fight against gender double standards. However, when I am able to go topfree in public without fear of being cited, I want to be respected and treated as simply a person in public without fear of being touched or hit on.

People should always strive to treat others as they would be treated—and that means not harassing someone on the street because of their gender and body.



Pacific Fund Grants Now Available

Emily Sheldon '10 used her grant to go to Africa and make a documentary. What would you do with a Pacific Fund Grant?

Contact your Dean's office for more information.



THE PACIFICAN

Fall 2010

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A Solitary DREAM

Juliene Sesar
Layout Editor

An imperative bill to American society is being blocked thanks to its unfortunate connection with an irrelevant bill.

The DREAM Act should be separate from the National Defense Authorization Bill to help young students attain their own American dream.

Last Tuesday, September 21, 2010, the Senate voted on the National Defense Authorization Bill for the fiscal year of 2011. The vote ended with 56 YEAs, 43 NAYs and One no vote. Because the bill did not reach the required 3/5 majority vote it did not pass.

The bill would include a raise in military pay, help protect our troops, repeal the military's "Don't Ask Don't Tell" policy, and pass the DREAM Act; as long as everything in the bill is approved.

One may ask, why is this an important decision?

In the last 7 years the fight for passing the Development, Relief and Education of Alien Minors Act, or DREAM Act, became one of the top priorities in the American agenda.

According to the US Governments official website "The Development, Relief and Education of Alien Minors Act, or DREAM Act, is a narrowly-tailored, bipartisan bill that would provide immigration relief to a select group of students who grew up in the United States, who have good moral character, and who are pursuing a college education or have enlisted in the military."

In layman's terms, if an immigrant came to the United States prior to the age of 16,

they have lived in America for at least five years, graduated from an American high school, and agree to complete two years in a college program or American Armed Forces, then that person will have the opportunity for legal status in the United States.

Also, individual states would again have the right to grant in-state tuition regardless of immigration status.

On July 31st 2003, Utah Senator Orrin G. Hatch made a statement before the United States Senate that presented the very first step towards having the DREAM Act as a reality.

"Though these children have built their lives here, they have no possibility of achieving and living the American dream. What a tremendous loss to our society," said Hatch.

The DREAM Act should not be included in the National Defense Authorization Bill because it is its own separate issue, and while it does affect military in the long run, it is not a strictly military issue.

According to United States Illinois Senator Dick Durbin's Legislative Agenda, "The Defense Authorization bill is the appropriate vehicle for the DREAM Act because tens of thousands of highly-qualified, well-educated young people would enlist in the Armed Forces if the DREAM Act becomes law."

Are they sure? Can anyone really say that illegal immigrants with the proper requirements will line up to die for America to become citizens?

Honestly, most "well-educated young people" would rather advance the education that they strived to gain all through high school. Sure the

military gives free education when a person enlists, but then that person is legally bond to the military for X amount of years that they signed up for.

Many illegal immigrants took the opportunity of going to college before they could establish legal residency.

Minchul Suk came from South Korea at the age of nine with his parents in 1991. He graduated with a degree in Microbiology, Immunology, and Molecular Genetics from UCLA.

In a letter he wrote to Senator Durbin he said, "I am willing to accept whatever punishment is deemed fitting for that crime; let me just stay and pay for it. People say that everyone deserves a second chance. I am just asking for that one. I am begging for a chance to prove to everyone that I am not a waste of a human being, that I am not a criminal set on leeching off taxpayers' money."

Please give me the chance to serve my community as a dentist, to be a giver rather than a receiver, to be able to become someone who would be able to shine light and help those around me like people have done for me when I was down in my darkest hours."

Other men and women in the United States illegally attended or did attend universities such as Harvard, Stanford, Princeton, and many varied state and private schools.

The National Defense Authorization Bill should not include the DREAM Act. America needs to decide how to handle the immigration of minors with good educational standing without involving the military.

Juicy Campus: But, Did it Stop There?

Disclaimer: The following article may cause you to cringe, breathe heavily, or possibly even scream.

I know it has been months since you have heard these words, maybe even months since you have thought about them. However, the time has come to see these two deadly words again in print-- Juicy Campus.

Now thankfully for the Classes of 2013 & 2014, Juicy Campus is probably an unknown noun, a term just floating somewhere around in cyber space. But, unfortunately for the rest of us, it was once something much too real.

To enlighten the lucky generations, JuicyCampus.com used to control the gossip on campus-- however real or fake the news may have been. Juicy Campus was a free website students could visit to anonymously read or post threads about other students on campus.

First and last names were always permitted on the site, so needless to say, reputations,

friendships, and relationships were all ruined.

Thankfully, Juicy Campus removed itself from the web in February of 2009.

Juicy Campus may have been immoral and wrong, but then why did so many choose to check it daily?


The site has been missing from our lives for over a year now, but does that mean the "drama" is really gone?

I fear as though the gossip has continued. Juicy Campus' pseudo-site, CollegeABC.com, may have never really taken off, but the evil truth of word-of-mouth has continued on.

I hear false rumors on this campus daily, but how can myself or anyone else bring this to an end?


It is mere human nature to pick on the weakest? Or, has it simply become part of our small university's culture?

Where does it stop? And who stops it? When someone can finally decipher how to end this evergrowing epidemic, please let me know.



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Tiger Talk: Monique Jones



Monique Jones

Kobe Armah
Lifestyles Editor

Meet Monique Jones, a transfer student from Delta College. The junior lives a "conscious" lifestyle and enjoys spending time reflecting on how to make her self a better person by connecting mind, body and soul.

Where are you originally from?

I was born in Southern California but I have lived in the East Coast and in the Bay Area.

What are you studying?

I am studying Sociology with minors in Ethnic Studies and Gender Studies. I think

that is necessary to understand the world around me because it effects me indirectly and directly every day. I like Sociology because it is the study of human behavior. I am definitely an observer and I like observing people who react to me.

What do you see yourself doing in 5 years?

In 2015, I think at that point I will have established myself with the Social Entrepreneurship Center on campus and starting a business. My goal is to help women by healing mind, body and spirit, all at the same time.

What do you focus on in your spare time?

Self development and self reflection. I like to eat good food. I love poker, if I could be a professional poker player, I would.

Who is your greatest historical influence?

Harriet Tubman. Her drive, her discipline, her focus was very spiritually based. I want to embody

that.

Who inspires you today?

Beyond myself, I am inspired by all of my family members who do not have the same opportunities as me. I have this little picture of my cousin holding her kindergarten graduation portrait. Everyday, I do it for her.

How would you define your life philosophy?

I would define my life through Chkara Chants. There are seven-- I am, I feel, I do, I love, I speak, I see, I understand.

What kind of music inspires you?

Neo-Soul, Jazz, and Reggae. Neo Soul is very consciously aware, it is not disrespectful to women or her children. Reggae is just revolutionary. Jazz is so soothing.

What is your favorite dish?

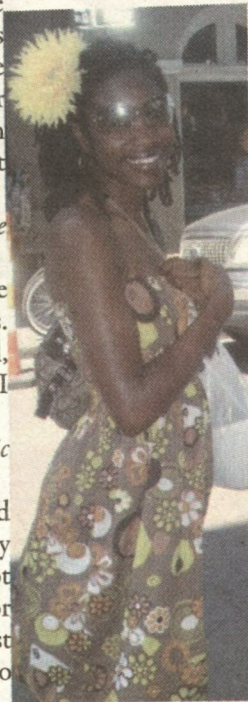
A Cameroonian dish that has greens, black eyed peas, rice, and plantain with a sauce that is called sowe, it is spicy.

What is one of your biggest goals or dreams you are personally focused on? If you can share...

Self healing, from my current lifetime and from my generational scars. My dream is to be on an island having a family and tending to my organic garden.

Do you have items you must leave the house with?

My laptop and my phone and my colored pens for my notes.



Monique Jones



Music: Sufjan Stevens

Indie folk genius Sufjan Stevens is making his fans some seriously delighted people these days.

With the sudden release of a new EP, *All Delighted People*, on August 20th, an upcoming tour this fall, and a full-length album set to appear on October 11th; it is clear that Stevens is back with a bang.

Since his successful 2005 album *Illinois*, Stevens has released only singles and covers, somewhat sporadically, so the news of his recent project has been welcomed with joy by fans who have been waiting patiently for years.

All Delighted People is an 8-track, 60 minute album that centers around 2 different versions of Stevens' epic ballad *All Delighted People* and is described by the Asthmatic Kitty website, Stevens' record label, as "a homage to the Apocalypse, existential ennui,

and Paul Simon's 'Sound Silence'."

With *All Delighted People* Stevens reaches back in his electronica past while simultaneously staying true to his low-fi recordings of recent years.

The 'classic rock' version of *All Delighted People* recycles his first CD, *A Sun Came*, tracks such as "The Owl" and "Heirloom" are stylistically similar to *Illinois* and his 2004 release *Seven Swans*.

Whether you prefer Stevens' earlier work or his latest recordings, *All Delighted People* will give you reason to love the first line of the title track and "Raise Your Hands." The album is available for download on Bandcamp, an indie music distributing website, and it will reportedly be released on CD and vinyl sometime in December. - Emma Schyber

NutriCat's Corner:

Minimize Tailgating Mutagens



Sundays mean two things for most individuals in the Fall, football and food. More than likely, that food is grilled, barbequed, broiled or pan-fried. If your serving meat, it also means your food contains Heterocyclic Amines (HCA's). HCA's, which may raise the risk of cancer, are formed when meat is cooked. The

browner it is, the more likely it contains HCA's.

Grilling and barbecuing create the most HCA's followed by broiling and pan-frying. When you grill or barbeque, marinate the meat of poultry, even if it's just for a few minutes. The extra moisture will decrease the amount of HCA's formed. Grill over indirect heat, or if using a gas grill, grill over an unlit element. Flip your food often to keep surface temperatures lower. You can also try non-meat products like vegetable kebobs, fruit, and tofu to minimize exposure to HCA's.

Send questions or comments to nutricat@pacific.edu and friend her on facebook/nutricat. Remember, students can see NutriCat, a Registered Dietitian, for FREE by calling 946-2315.

Fiery Fajitas of Phenomenal Flavor

Recipe:

8 Flour Tortillas warmed
1 lb. Sirloin or Flank Steak cut into strips
1 Tbsp. Vegetable Oil
1 Onion sliced
1 Jalapeno
1 Green Bell Pepper cut into strips
1 pkg. fajita spices and seasonings
1 tsp. cayenne pepper
1/4 cup Water
1 Tomato cut into wedges

Instructions:

1. Cook onion and green pepper in an oiled skillet over medium high heat until tender; set aside.
2. In same skillet, brown meat; drain fat.
3. Mix in seasonings, pepper



www.deliciousmagaz

and water. Bring mixture to a boil; reduce heat to low and cook uncovered for 5 minutes. Return onions and bell peppers to skillet; add tomatoes. Heat through and serve with warmed tortillas.

Enjoy this delicious Mexican recipe!

Type of recipe: meat
Preparation Time (min):
Cook Time (min): 15
Prep Tool: Stovetop

**Don't Forget to Buy
Your Tickets to see the
Documentary "Waiting
On Superman"
And See John Legend
Live this Saturday Night**



**Little Town of Bethlehem
(Documentary)**

**This Thursday Night
At 8:00pm**



And Green Zone

**This Friday
and Saturday Night
At 8:00pm**

**MATT DAMON
GREEN
ZONE**

Eat Fresh, Eat Local And Enjoy the Challenge



Natalie B. Compton

A food display shows locally grown food and information.



Natalie B. Compton

A food vendor offers Pacific Students options for locally grown food.



Natalie B. Compton

Students enter the DeRosa University Center where the food display is being held.

**Pacific Students can find many locally
grown foods in the immediate Stockton
area.**

**California is the biggest agricultural
state in America and farm products,
such as many of the foods exhibited
at the Eat Local Challenge, help feed
citizens all around the country.**

**To help the Stockton community, and
California in general, one can choose
the locally grown product over another
and make the local economy that much
stronger with each purchase.**



Lincoln Center

*date
night*

**THURSDAY
OCTOBER 7th
5:00 TO 8:00***

An evening of...
extended shopping hours
trunk shows & specials
delectable dining
live music

*Many stores open until 8:00pm.

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DESTINATION

BENJAMIN HOLT DRIVE
AT PACIFIC AVENUE
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Darren Ch...

Fall Symphony Concert

Annaliese Ippolito
Contributing Writer

Did you know that there is a live symphony orchestra on campus? Did you also know that you could come hear their concerts for free? The first performance of this year will be held in Faye Spanos Concert Hall on October 2nd at 7:30pm (this Saturday!)

Seeing a live symphony concert is an exciting opportunity for everyone. Come and support your fellow students by sharing this passionate and uplifting experience! Sixty-three of the faces you see around campus come together twice a week to rehearse this brilliantly composed music, and spend hours of their own time to perfect its difficult passages. The uniting force of an orchestra creates a sound that can be heard nowhere else. "When I look at the orchestra, I see a collection of faces; it is confusing and scattered. When I close my eyes, however, I hear a sound that is blended and full of purpose. It is one instrument, and at that moment, the most beautiful in the world," expresses Dr. Nicolas Waldvogel, the conductor of the University Symphony Orchestra.

The selections to be performed are: Russian Easter Overture by Rimsky-Korsakov, American Songs by Aaron Copland, performed by USO and



Darren Ch...

Professor Burr Phillips, and Symphony No. 9 "New World" Antonin Dvorak. "Everyone should have the opportunity to experience such a great work like the New World Symphony," says Vanessa Davies, a senior bassoon performance major.

This ensemble exists to help prepare music majors for their later careers as professional musicians. John Johnson, a Music Education major and trumpet player in the orchestra states, "The repertoire prepares me for being a professional musician in a professional symphony." Although this provides excellent instruction for music majors, it also provides you with excellent music to hear performed live! "You don't know what you're missing at all these concerts that are so easily accessible," says Philip Napuli, a music composition major and violinist. So be sure to mark your calendars for this upcoming concert and others to come!



Darren Ch...

Weekend Destination: *Miracle Mile*



Courtney Wood
Staff Writer

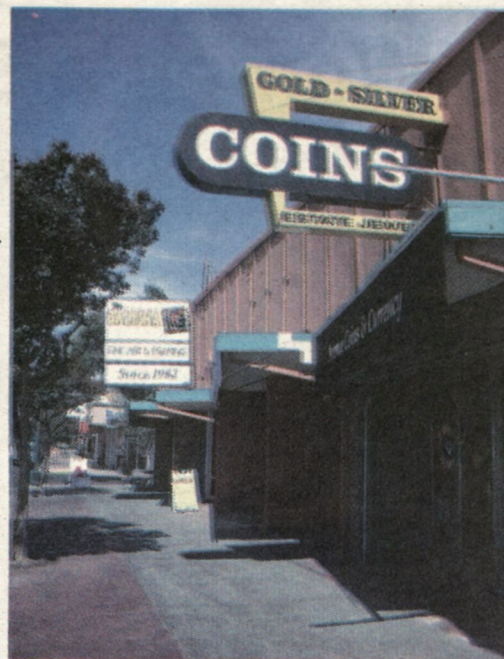
Many returning Pacific students may be familiar with Stockton's Miracle Mile; the busy stretch of shops located a few blocks south of the University of the Pacific, nestled between Castle Street and Harding Way on Pacific Avenue. The Miracle Mile has been a distinct piece of Stockton's history since the early 1900s. This bustling center of commerce and entertainment houses a diverse mix of novelty boutiques, eateries, galleries, and other assorted businesses. Although the types of shops located on the Miracle Mile have

changed throughout the years, the Miracle Mile has always remained one of Stockton's most frequented business strips.

First year Pacific students should make a point of exploring the Miracle Mile when they have a few minutes of free time between sleeping, studying, and social networking. Although Pacific has many activities and events available to students on campus, sometimes it can be relieving and enlivening to find entertainment off-campus, in a new environment. The Miracle Mile serves up several opportunities for students to unwind, get away from

campus, and take time to enjoy Stockton's diverse culture. For example, the Amaraen Cafe and Hookah Bar features an oxygen bar, entertainment, and belly dancing nights; promising patrons that their experience will take place in "an atmosphere of comfort and joy." The Stockton Empire Theatre features "not only film, but live performing arts as well;" the current owners of the theater make an effort to showcase local talents whenever possible. The theatre also often offers comedy nights, musical acts, and dance performances. The Elsie May Goodwin Gallery displays the photography, mixed media pieces, jewelry, pottery, and other works of local artists.

If students are looking for new places to dine, it may be useful to note that the Miracle Mile is home to nearly 40 different eating establishments. These eateries range from familiar American chains, like Subway and Baskin Robbins, to unique mom and pop restaurants with names like Co Co Ro Japanese Bistro and Seoul Soon Dubu Tofu House. If students are looking for Korean, Italian, Chinese, Japanese, Mexican, American, or Vietnamese food,



Courtney Wood

buck. A few Miracle Mile businesses even accept Pacificash as payment, which is highly convenient to those who are strapped for cash, but are tired of eating the cuisine of Bon Appetit.

While some students may be hesitant to leave their campus bubble, choosing to forego the occasional off campus trip to places like the Miracle Mile may cheat them out of incredible and memorable experiences. The close

proximity of the Miracle Mile to campus makes it highly accessible to Pacific students, and the quantity of available businesses guarantee that at least one shop or restaurant will grab a student's attention. It is quite possible that a few minutes at the hookah bar, an hour at the art gallery, or even a leisurely stroll down the Miracle Mile with a few friends, may actually help to keep students sane this semester.

A bonus feature of the Miracle Mile is that several businesses offer discounts to those with student ID cards. This is quite an alluring feature to those of us who are broke and always looking to save a

proximity of the Miracle Mile to campus makes it highly accessible to Pacific students, and the quantity of available businesses guarantee that at least one shop or restaurant will grab a student's attention. It is quite possible that a few minutes at the hookah bar, an hour at the art gallery, or even a leisurely stroll down the Miracle Mile with a few friends, may actually help to keep students sane this semester.

5 Reasons to Enjoy Local Products

5. We live in the Central Valley

4. Local food reduces the amount

of energy necessary for transportation to consumers

3. You directly benefit your community economically

2. You know where your food is coming from

1. It is more fresh and tastes better



Books: *The Girl With the Dragon Tattoo*

Ruben Dominguez
Staff Writer

After weeks of witnessing universal praise being heaped upon *The Girl With the Dragon Tattoo*, written by the late Stieg Larsson; it has become nearly impossible to enter any bookstore without being blinded by the famous highlighter yellow and neon green cover of the novel, *The Girl With the Dragon Tattoo*.

Other reviews promise the book to be a gripping, adventurous mystery that leaves its readers wanting more. However, it's easy to imagine that many readers might be more strongly affected by it or even left slightly shaken by key moments in the story.

True, the novel does offer scintillating plot development, crafty dry humor, and intense action throughout. The main character, Mikael Blomkvist, a womanizing journalist convicted of libel, is a rather enjoyable figure, and it would be difficult not to develop a soft spot for punk, cyber-

genius Lisbeth Salander. The level of mystery and complexity surrounding the disappearance of Harriet Vagner, great-niece of powerful Swedish industrialist Henrik Vagner, is also greatly intriguing. Blomkvist (hired by Henrik to solve the mystery) and Salander eventually come together to crack this nearly fifty-year-old cold case, an ingenious development. However, it is the unexpected details that separate this novel (originally titled *Men Who Hate Women*) from traditional mystery/detective novels as we know them.

Salander is raped by her guardian on two separate occasions, the second time being much more severe and brutal than the first. The scene is incredibly unnerving, comparable to that fateful incident in *The Kite Runner*, for readers familiar with that story.

The violent nature and graphic description of the second rape is enough to make one want to put the book down, listen to a happy song on an iPod, and try to skip the scene and pretend it didn't happen.

Of course, this is impossible: the brutal act is brought back up time and again throughout the remainder of the story.

Overall, *The Girl With the Dragon Tattoo* is a novel that is well worth reading; however, it is not necessarily for the faint of heart. To be clear: no matter how many times you read this review or how much you understand the issues and Larsson's motives, certain scenes will still be gruesome and disturbing to read.

Still, the majority of the novel is not about murderers, rapists, and evil. There is a generous portion of greatly appreciated humor throughout the story, and when the mystery is solved, the whole truth is nothing the reader can't handle.

Everything actually turns out pretty much hunky-dory; well, as hunky-dory as stories with mass-murdering rapists can turn out. If you decide to buy it, don't worry. You'll have no trouble spotting it. It's the one with the highlighter yellow and neon green cover practically jumping off the shelf over there.

SPORTS

Pacific Women's Soccer: Squandered Opportunities Haunt Pacific in 0-0 Tie with Hawaii

Ruben Dominguez
Contributing Writer

It was a tale of missed opportunities as the Pacific women's soccer team played the Hawai'i Rainbow Wahine to a wrenching 0-0 draw on a sweltering afternoon last Sunday. The Tigers squandered chance-after-chance to break the match open and extend their record of wins.

Pacific got off to a bit of a sluggish start during the opening minutes of the match, as Hawai'i appeared to be the more aggressive and energetic of the two teams early on. However, the Tigers offense began to step up their pace at the 20-minute mark of the half, after surviving the first couple of dangerous opportunities from the Rainbow Wahine.

The scare seemed to sober the Tigers, who countered with a nice free kick chance from the bottom corner of the 18-yard box and a pair of close attempts from senior, Sammi Teramae, and junior, Laura Hogan. From that point on in the match, Pacific largely dominated possession and shots on goal; however, they still gave up many opportunities.

The second-half saw the Tigers unload a multitude of dangerous shots on the Rainbow Wahine. In the 55th minute, sophomore,

Laura Hernandez, fired a free kick on frame, forcing an impressive fingertip, off-the-crossbar save from Hawai'i goalkeeper Kanani Taaca. Junior, Hillary Hitz, provided the Tigers with a much-needed spark for virtually the entire half, as she surprised the Hawai'i defense with her physical play (which, at one point, led to a heated face-to-face



Soccer has been fighting hard at home games.

confrontation with Hawai'i defender Colleen Burns).

There were several near misses from freshman, Renae McFadden, sophomore, Maricela Padilla, and sophomore, Kim Hargrave. The Tigers' closest chance of the game came in the 84th minute when, after several knocks around Hawai'i's goal, the ball found Ramos, who headed it past the keeper towards the upper corner of the net. The goal was prevented

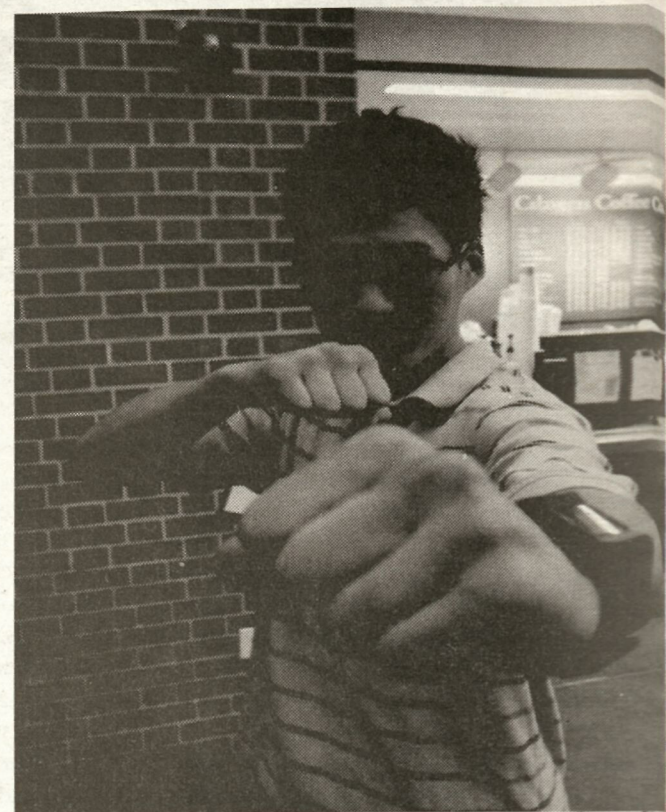
by Hawai'i. Following that threat, the game headed into overtime.

"Really, there's not too much to criticize," Coach Keith Coleman stated after the match. "Our defense was very strong and we controlled the midfield. We just need to replicate this performance, except score some goals next time."

"This is a bit of a rivalry game," he revealed. "We've already played them once this season [a 1-0 win for Pacific], so we're very familiar with each other. Fatigue shouldn't be an issue, but, because of the night game [the previous Friday] and the intensity and heat of today, it was."

With the draw, the Tigers' record becomes 2-4-3 on the year. After starting off the season 2-1, the Tigers have won only one out of their last seven games, going 1-3-3 in the process. Pacific starts Big West Conference play Friday, October 1 at UC Irvine. Hoping to go into conference matches with a bit of momentum, the Tigers now go in with a slight tendency toward inconsistency instead.

"We're in a bit of a slump right now," confirmed Coleman. "It's like when a baseball player's in a hitting slump. The longer the slump goes on, the harder it is to break out of. We have to find a way to break out of our slump."



Darren Chan

Pacific Student Fighting His Way to the Olympics

A Star is Born

Phillip Yun

Allyson Seals
Sports Editor

This summer, one of Pacific's very own mechanical engineering majors qualified for the Olympics.

Phillip Yun, senior, placed 1st at the Taekwondo National Championships in Orlando, Florida on July 3rd for the welter weight division. Because of this, he is now able to attend the Olympic qualifiers in November.

To actually participate in the Olympics, Yun must place 1st in the first 3 qualifiers in Colorado. "Getting to actually compete in the Olympics is really a journey," Yun said.

Yun was also lucky as only 4 out of 16 weight divisions are sent to the Olympic qualifiers, and he happens to be in one of the 4 picked.

Yun, originally from Seoul, Korea, has been practicing Taekwondo since he was just 5 years of age. Yun

stated he "started practicing Taekwondo because in Korea it is mandatory for all men to get their black belts to assist in the military."

One reason Yun decided to stay active in Taekwondo in the United States is because according to "people who do Taekwondo get each other."

One of this Taekwondo Champion's future goals for himself is to also compete in the Taekwondo World Championships in Korea.

He will be competing in the National Team Trials that in Colorado in January.

Yun will be crossing his fingers for the next two months until the Olympic qualifiers he trains heavily in Oakland, CA.

If he can keep up his championship record, it is possible Pacific could be seeing a famous athlete on their roster in the future.

Who Are the Pacific Tiger Dancers?

Emma Schyberg
Staff Writer

The 13 girls who make up University of the Pacific's Tiger Dancers are adamant about one thing: they're "dancers, not cheerleaders." Daniella Green, a freshman on the team, is quick to point out that detail when describing the squad.

The Tiger Dancers are a true dance team, one that just happens to perform at select sporting events in the place of traditional cheerleaders.

The Tiger Dancers perform a variety of styles including Jazz, Hip-hop, and Pom.

UOP's "spirit squad" dances only at men's and women's basketball games and women's volleyball games, though Green is clear that they do "support all the athletics on campus."

In addition, the team appears at community events that support the greater Stockton area, including Lincoln Center Live and Literacy Day.



Darren Chan

Tiger Dancers will be seen performing at Men's basketball games soon.

This year the Tiger Dancers are comprised of 6 freshmen, 2 sophomores, and 5 juniors, including captain, Hillary Hudson, and coach, Cristy Yadon. The freshmen on the

team auditioned on Profile Day last spring.

If you are interested in becoming part of the squad, news about can be found on the Tiger Dancers' Facebook page

and can found on pacifictigers.cstv.com. Auditions are fairly competitive and a broad dance background is required to be on the squad.

This Week's Pro-Sports Update

Catherine Garcia
Staff Writer

NFL:

UNDEFEATED: Through Sunday of Week 2, the AFC boasts the only two 3-0 teams in the NFL—the Chiefs and the Steelers. The Kansas City Chiefs (3-0) faced the San Francisco 49ers (0-3), a team they have outscored by an ugly combined score of 116-19. Sunday was no different—Matt Cassel's three touchdown passes led the Chiefs to a 31-10 win in San Francisco.

On the other side of the country, the Pittsburgh Steelers (3-0) improved their all-time record against the Tampa Bay Buccaneers (2-1) to 8-1 with a 38-13 win at Raymond James Stadium in Tampa, FL. Interim quarterback Charlie Batch helped the Steelers to their first 3-0 start since 2007 in the absence of their starter, Ben Roethlisberger.

Roethlisberger is in game three of his four-game suspension for violating the NFL's personal conduct policy.

The arch-rivals of the NFC, Chicago and Green Bay, face off on Monday Night Football this week. Both squads are the

Peterson rushed for 160 yards and two touchdowns to lead the Minnesota Vikings (1-2) to a 24-10 victory over the Detroit Lions (0-3) on Sunday.



The Texas Rangers are one of the picked playoff teams.

NFC's only undefeated teams.

WINLESS: It's three weeks into the season, and five teams still cannot get into the rhythm of football season. The 49ers are 0-3 for the first time since starting 0-4 in 2004.

While Favre continued his struggles with passing, Adrian

To m Brady improved to 16-1 against Buffalo (0-3) as the New England Patriots (2-1) overpowered the Bills 38-30 at Gillette Stadium in Massachusetts. Although Jimmy Clausen threw for 188 yards in his NFL debut, the Cincinnati Bengals (2-1) stole an inelegant

20-7 win from the struggling Carolina Panthers (0-3).

Even though they held a fourth quarter lead, the Cleveland Browns (0-3) watched it slip away as the Baltimore Ravens (2-1) took the game with a 24-17 win in Baltimore.

The Browns are 0-3 for the third straight season and the fourth time in five years.

MLB:

Heading into the last week of the season, three teams have clinched playoff spots en route to the 2010 postseason: The Texas Rangers, The Philadelphia Phillies & the Minnesota Twins.

In Other News...

Manchester City provided Premiere League soccer's biggest upset this weekend as the underdogs beat undefeated Chelsea. The beginning of the NHL preseason is merely a tease for all hockey fans.

As of Monday, September 27, there are only 10 days left until the NHL season opener. Basketball fans, get ready! Reigning champions Los Angeles Lakers and the NBA are en route to an exciting season, starting in 29 days!

Soccer Beats Montana Friday

Matt Hill
Contributing Writer

On Friday night, the Pacific women's soccer team had a home game against the Montana Grizzlies resulting in a 1-0 win for Pacific. This game was played in honor of Latino Sports Heroes Night; so, it was a special victory on their part.

Maricela Padilla scored the goal in the first half, making it her first goal of the season. This brings the Tigers to 3-4-2 and lowers the Grizzlies to 1-7-2. Last season, Padilla had scored 8 goals for the Tigers out of 12 games.

Soon after Padilla's goal, Laura Hogan made a close score but the Grizzlies' goalie, Kendra McMillen, saved the ball.

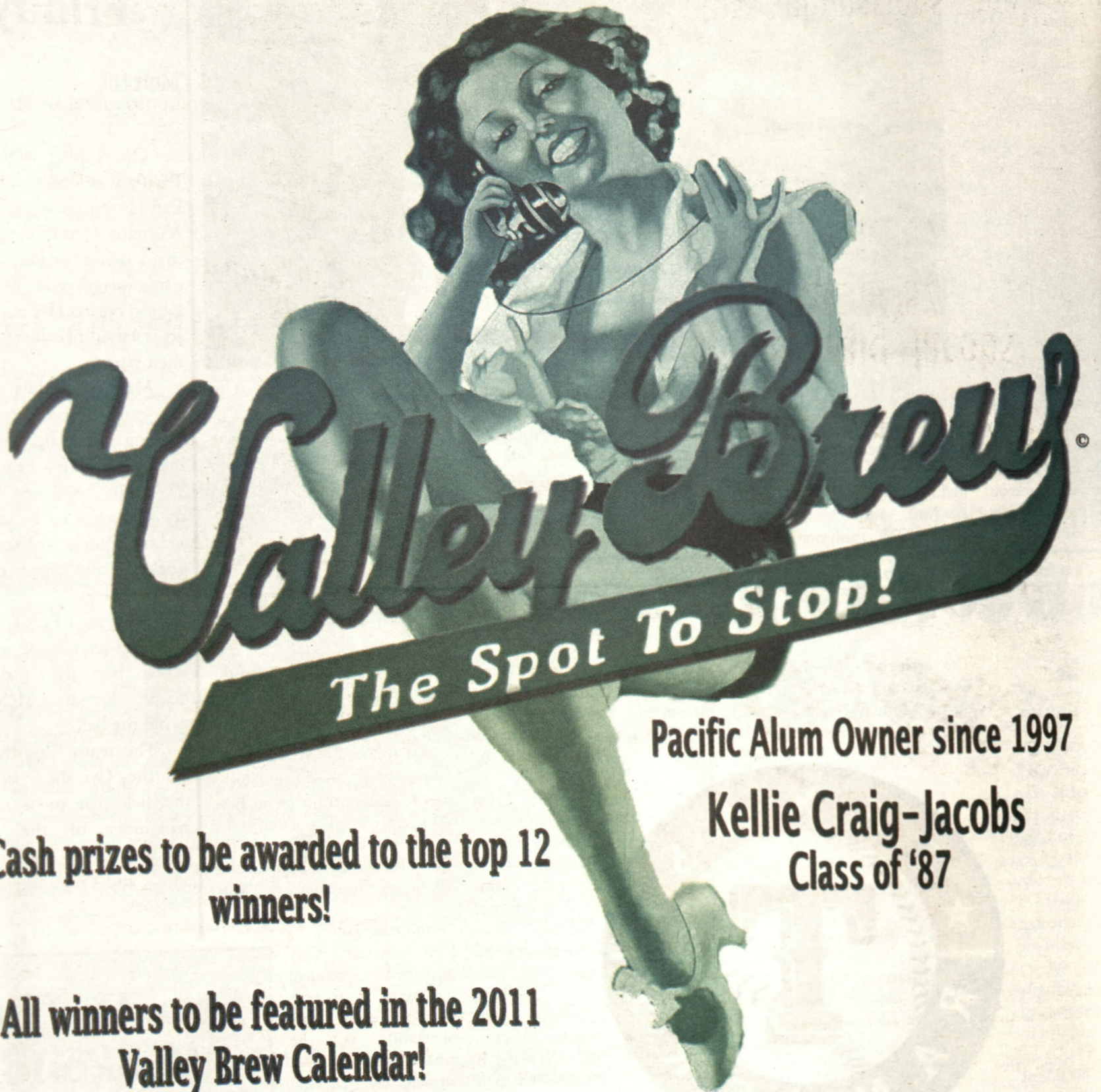
The team kept the ball on the Grizzlies' side of the field for most of the remainder of the game. They made a total of 31 shots, and 17 of those were on goal.

Sports This Weekend

FRIDAY
Women's Volleyball vs. UC Irvine
7:00 PM
Alex G. Spanos Center

SATURDAY
Women's Volleyball vs. CSU Northridge
7:00 PM
Alex G. Spanos Center

ENTER TO WIN THE VALLEY BREW LOOK-A-LIKE CONTEST!



Cash prizes to be awarded to the top 12 winners!

All winners to be featured in the 2011 Valley Brew Calendar!

Results of the contest to be announced Saturday, October 30 at the Valley Brew Halloween Party!

Pacific Alum Owner since 1997

Kellie Craig-Jacobs
Class of '87

Picture submissions should also include a bio and can be taken by mail or in person at Valley Brew Restaurant

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